

Rate Card

Valid from April 2019



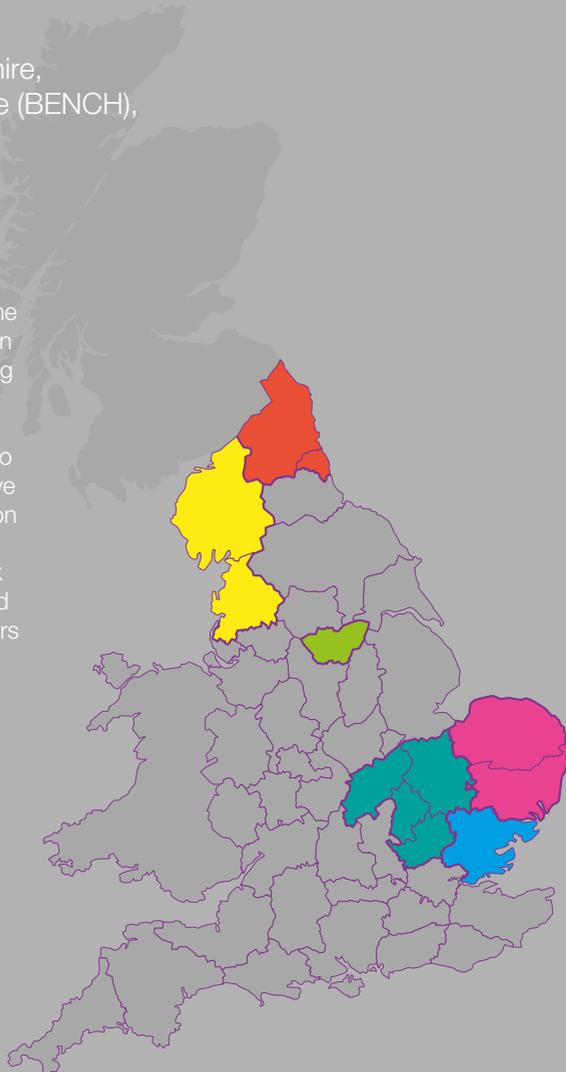
INTRODUCTION

As part of the Government's Transforming Rehabilitation programme Sodexo, in partnership with Nacro, were awarded ownership of six Community Rehabilitation Companies (CRCs):

- Cumbria and Lancashire
- Bedfordshire, Northamptonshire, Cambridgeshire, Hertfordshire (BENCH),
- Essex
- Norfolk and Suffolk
- Northumbria
- South Yorkshire.

The introduction of The Rate Card is one of the many new elements of Probation Service delivery under the Transforming Rehabilitation programme.

Our purpose is and has always been to protect the public by delivering effective offender management and rehabilitation services. Our vision is to 'create a positive future' for the people we work with such as service users, victims and their families, communities, our partners and our employees. We do this by managing risk, changing lives and improving communities.



ABOUT SOUTH YORKSHIRE CRC



Our hub model acts as a 'nerve centre,' providing umbrella administrative support, head office and case management functions.

This streamlined approach supports operations and enables practitioners to spend more time directly working with the service users under their supervision.

For all Rate Card interventions, the hub in Sheffield acts as the first point of contact for queries, referral and acceptance and onward transfer of NSIs. Our hub monitoring and compliance team also track the delivery of interventions purchased by the NPS and out of area CRCs. The dedicated referral and query email inbox is sycrc.requirements@probation.sodexgov.co.uk

- Hub
- Local Management Centre (LMC)
- Neighbourhood Centre (NC)

Resettlement Prisons:

- 1 HMP Doncaster
- 2 HMP Moorland
- 3 HMP Hatfield
- 4 HMP New Hall

Non-resettlement Prisons:

- 5 HMP Lindholme

OUR APPROACH

We review our Rate Card on a regular basis to ensure the offer meets the needs of our service user population and in advance of each review; we will continue to involve our NPS and out of area CRC colleagues to ensure customer feedback is incorporated.

Services are measured using assigned standards and/or key performance indicators. Accredited programmes follow the Correctional Services Accreditation Panel guidance and audit criteria which assure the accreditation framework is achieved, whilst unpaid work also follows the MOJ guidelines and also undergoes regular review to ensure placements meet the needs of our service users.

Our Rehabilitation Activity Requirement (RAR) services (Discretionary Services in this brochure) have been designed based on desistance principles which allow the service user to understand their strengths and develop an awareness of obstacles. We have a range of activities available which include for example, behaviour change courses and one to one support aimed at securing positive outcomes for accommodation.

In understanding the unit cost of services, as outlined in the brochure, it is important to recognise that the price is inclusive of ancillary costs incurred outside of direct delivery to service users including consumables, facilities, resources, staffing, logistics and administration.

To enable a swift escalation route for queries or issues there is a single point of contact allocated within South Yorkshire CRC. In addition to this if you have any feedback or would like to make a request for information regarding any aspect of our brochure please use the dedicated email box as given on page 27.

Our Operational Partners

A key element of the Transforming Rehabilitation programme is to promote the use of voluntary and third sector organisations in the delivery of interventions for service users.

With this, Sodexo CRC's have commissioned a network of experienced organisations to deliver some of its services on its behalf. Largely drawn from third sector, operational partners were selected based upon their expertise, performance history and local knowledge. Partner delivery is measured and managed in the same way regardless of their intervention being delivered to a CRC or NPS retained person. Key performance indicators are attached to each of these services which allow the CRC to measure outcomes for service users and the quality of provision.

The CRC is responsible for the contract management and evaluation of our partner's activity. This will ensure we continue to meet the needs of offenders and maintain our effective relationships with prisons in providing successful resettlement services.

ABOUT THIS RATE CARD

This brochure contains information on each service that the CRC offers; this includes the geographical coverage, service highlights, cost and how to purchase. It outlines the universal Through the Gate offer available to all offenders and the 'fee for use' offer, namely services which are purchased by the NPS from the CRC.

The Rate Card is separated into the following parts:

About This Rate Card	p1
Through The Gate TTG Service Offer	p2
Part 1 Mandated Services Community Payback Accredited Programmes	p3 p4
Part 2 Discretionary Services Accommodation ETE FBD Women's Families & Parenting Attitudes, Thinking & Behaviour / RAR Other	p5 p7 p9 p11 p13 p14 p24
Non-Statutory Intervention (NSI) Process	p27

NON-RESETTLEMENT PRISONS THROUGH THE GATE SERVICE

CRCs are contracted to provide Through the Gate (TTG) services in resettlement prisons to support prison leavers as they move from custody to community. CRCs are responsible for delivering these services to all service users (both CRC and NPS) who are in custody at a resettlement prison.

However, for the CRC to be able to provide this support in a non-resettlement prison, the service users Offender Manager (OM) must instruct the resettlement service using the NSI instructions outlined below.

Our TTG service introduces a tiered approach in the delivery of support. This enables us to address the resettlement needs of each person as well as providing tailored support for those who have more personal and complex needs.

Service Offer

At least 15 weeks before release, the offenders OM must notify the CRC (through the NSI structure below) of the planned release and from this, the CRC resettlement staff will meet with the prisoner to review their resettlement plan.

The CRC will agree with the offenders RO what resettlement activity is required. Work will then commence to provide the support they need in preparation for release back into the community. This support will include;

Assessment and Sign Posting. Review of resettlement plan, identification of ongoing need and signposting of support.

Resettlement Intervention. Support to address specific resettlement needs pre-release. Activity will reflect need, additional complexity and vulnerability and will fall under the following resettlement pathways;

1. Accommodation
2. Employment, Training and Education (disclosure advice & sustaining employment only)
3. Finance, Benefit and Debt
4. Personal, Relationships and Community
5. TTG Supporting Activity for vulnerable and chaotic groups
6. Extra Support for victims of domestic abuse and sexual exploitation.

After release support can continue whilst the offender is on licence or subject to post sentence supervision as this approach contributes to managing risk of harm and protecting victims by giving each person the best opportunity to live a crime-free life after leaving prison. More information about the CRCs community support offer can be found in this brochure.

If there are no non-resettlement prisons located within your area and a service user is being released from an out of area non-resettlement prison, services can be requested from the CRC so that support can continue post-release in the community.

As above, please use the NSI instructions below for resettlement services.

How to request this service

Non Statutory Intervention:
TTG Services SYK.

Non Statutory Intervention
Sub Type: NRP Resettlement Service.

Follow full process on page 27 of this brochure.

COMMUNITY PAYBACK

Community Payback is a “punishment” requirement available to the Court whereby the service user completes unpaid work activity for the benefit of their local community. Unpaid work is supervised by CRC staff, trained in Health and Safety and First Aid. Individual placements are often supervised by beneficiary staff with responsibility for supervising other staff at the placement. Initial assessment will determine the most appropriate placement in terms of meeting the needs of the service user. Typical placements include; conservation and environmental work; safer communities work; painting and decorating and charity support.

Duration

The Requirement is set in hours with a maximum being 300 hours. Community payback can be delivered in groups or through individual placements depending on individual assessment.

Service Highlights

- Up to 20% of the ordered hours can be used to pursue educational outcomes, as instructed by the responsible officer.
- Increased public confidence in the criminal justice system.
- Service users learn new practical life skills to support reducing re-offending.
- Material benefit to communities through improved environments and increased public safety.

How to request this service

Unpaid work is not an NSI. The NPS RO need to transfer the requirement to the CRC as the provider.

Follow full process on page 27 of this brochure.

ACCREDITED PROGRAMMES:

BUILDING BETTER RELATIONSHIPS [BBR]

BBR is a nationally accredited group-work programme designed to reduce re-offending and promote the safety of current and future partners and children. Suitable for medium and high risk males, those who do not have domestic violence as their index offence can also be referred on to the programme, though there needs to be a pattern of domestic abuse offending or a conviction within the last 2 years to meet all risk and need criteria.



Service Highlights

- Includes support and interventions provided for the partners/ex partners/victims of domestic abuse via the CRC Partner Link Worker.
- Participants learn more about damaging behaviour, see how personal issues play a part in violence and develop skills to combat aggressive thinking and behaviour in future.
- Post programme reports are shared with the participant and their Responsible Officer detailing their engagement on the programme, positive developments, areas for improvement and possible future objectives.



Duration

The programme will consist of 30 sessions which are combination of group, individual, preparatory and review sessions.

How to request this service

Where the Accredited Programme is court ordered, the requirement should be transferred to the CRC using the 'Request Transfer' option.

Follow full process on page 27 of this brochure.

ACCOMMODATION

Available for all service users who have an accommodation need, the service aims are to support in securing settled accommodation. As research shows having safe and permanent accommodation can play a significant role in helping someone to stop re-offending, we also seek to address the areas which prevent someone from sustaining or moving onto secure accommodation long term. From the initial assessment the level of intensity will be agreed with the RO based on the area of needs identified. Services are delivered in the community and can be used as part of RAR or licence activity however if requested support for those with more complex accommodation needs can start pre-release during the final 12 weeks in custody.



Duration

Before choosing the level of intensity, It is recommended you instruct the assessment first.

Assessment	=	up to 1 hour
Low Intensity Support	=	up to 2 hours
Medium Intensity Support	=	up to 4 hours
High Intensity Support	=	up to 6 hours



Service Highlights

- Support to identify and secure suitable accommodation in line with Homelessness Reduction Act 2017.
- Housing applications and associated processes.
- Advising on rent or mortgage arrears, possession action and repayment schemes.
- Advising on landlord issues to resolve disputes.
- Advising on rights and responsibilities.
- Referrals for Legal Assistance
- Improving a tenant's current housing situation.
- Support to maintain independent & healthy living.
- Support to access wider housing needs (charity, furniture, benefits etc).
- Activities will include a combination of face to face, telephone and advocacy support.

How to request this service

Non Statutory Intervention: ES - Accommodation SYK.

Non Statutory Intervention Sub Type: Accommodation Assessment and Action Planning.

Non Statutory Intervention Sub Type: Accommodation Support Low / Medium / High Intensity.

Follow full process on page 27 of this brochure.

ACCOMMODATION / HOW TO BE A GOOD TENANT

Available to all service users this course offers practical information and advice helping participants understand what it means to be a 'good' tenant. The course includes information regarding rights and responsibilities, housing application process and the costs associated with utilities and day to day living. The programme also helps participants learn to budget effectively in order to avoid eviction or reduction of existing debt.

Duration

Delivered as a group or on a 1;1 basis. 2 hour session.

Service Highlights

- Effectively maintain their tenancy.
- Respond to day to day challenges of independent living.
- Manage budgets and avoid eviction or debt.
- Awareness of their rights & responsibilities.
- Awareness of the types of accommodation available to them.
- Completion certificate which can be presented to RSL and private landlords as supportive evidence when making onward housing applications.

How to request this service

Non Statutory Intervention: ES - Accommodation SYK.

Non Statutory Intervention Sub Type: Maintaining Tenancy Course.

Follow full process on page 27 of this brochure.

EMPLOYMENT, TRAINING AND EDUCATION

Available for all service users who identify as having any ETE related need, we provide tailored support to help service users find and sustain work, access training, and education and improve their career prospects. The service is designed to equip service users with the necessary skills required when searching, applying and sustaining work or training e.g. communication, time keeping and confidence. From the initial assessment the level of intensity will be agreed with the RO based on the area of needs identified. Services are delivered in the community and can be used as part of RAR or licence activity however if requested support for those with more complex ETE needs can start pre-release during the final 12 weeks in custody.

Duration

Assessment	=	up to an 1 hour
Low Intensity Support	=	up to 2 hours
Medium Intensity Support	=	up to 4 hours
High Intensity Support	=	up to 6 hours

How to request this service

Non Statutory Intervention: ES- E / T / E SYK.

Non Statutory Intervention Sub Type:
ETE Assessment and Action Planning.

Non Statutory Intervention Sub Type:
ETE Support Low / Medium / High Intensity.

Follow full process on page 27 of this brochure.

Service Highlights

- Support to identify and secure employment (F/T, P/T, Self-Emp, Volunteering etc).
- Support to engage in learning and training.
- Access adult education, occupational training, apprenticeships and job training experiences.
- Sustain existing work or helping re-build their relationship with an employer.
- Have a better awareness with local labour market and access to employers.
- Develop their CV/ job search skills/ completion of applications/ interview techniques, disclosure support, etc.
- Specialist Referral and Brokerage (Employers, Learning Provision, Community organisations, JCP etc).
- Explore and broker alternative funding streams.
- Activities will include a combination of face to face, telephone and advocacy support.

GETTING INTO WORK EMPLOYABILITY COURSE (JOB CLUB)

Available for all service users, this course is designed to motivate service users in moving forward with into work, education or training. The course looks at developing their employability skills, whilst helping to build and confidently present their CV. Drawing on The Rehabilitation of Offenders Act, the course also covers rights and responsibilities when disclosing convictions.

Service Highlights

- Improved confidence when applying for work and attending interviews.
- Better awareness in relation to types of work, local labour market and training opportunities.
- Understand responsibilities when disclosing convictions, when, where and how to do this in order to get the best results.
- Feel inspired to find and sustain realistic work opportunities.

Duration

Delivered as a group or on a 1;1 basis. 2 hour session.

How to request this service

Non Statutory Intervention: ES - E / T / E SYK.

Non Statutory Intervention Sub Type: Getting into work course.

Follow full process on page 27 of this brochure.

FINANCE, BENEFIT & DEBT

Available for all service users this service aims to develop the necessary skills needed to manage their own finances in a more effective way, looking to build financial resilience longer term. We identify areas of need and put a realistic plan in place to reduce any outstanding debt, drawing on specialist support where appropriate. From the initial assessment the level of intensity will be agreed with the RO based on the area of needs identified. Services are delivered in the community and can be used as part of RAR or licence activity however if requested support for those with more complex FBD needs can start pre-release during the final 12 weeks in custody.

Service Highlights

- Understand and claim the correct benefits.
- Develop a personal budget.
- Freeze any payment plans / mobile phone contracts.
- Support to gain a National Insurance number or ID documentation.
- Apply for a bank account / Credit Union account.
- Access more specialist services for bankruptcy.
- Access wider specialised support services.
- Identify priority and non-priority debts and arrangement of a Re-payment plan(s).
- Appeal any benefit sanctions or benefit underpayments.
- Activities will include a combination of face to face, telephone and advocacy support.

Duration

Assessment	=	up to an 1 hour
Low Intensity Support	=	up to 2 hours
Medium Intensity Support	=	up to 4 hours
High Intensity Support	=	up to 6 hours

How to request this service

Non Statutory Intervention: ES – Finance, Benefit and Debt SYK.

Non Statutory Intervention Sub Type: FBD Assessment and Action Planning.

Non Statutory Intervention Sub Type: FBD Support Low / Medium / High Intensity.

Follow full process on page 27 of this brochure.

FINANCE, BENEFIT & DEBT – MANAGING MONEY COURSE

Available for all service users the five course modules seek to improve the overall financial awareness and resilience of its participants, helping them have a better understanding of how to manage their own finances and day to day budgeting. The course offers information, advice and guidance with specialist brokerage of onward financial assistance if required. Support can be used as part of RAR or Licence activity.

Service Highlights

- Access to relevant benefit.
- Manage existing debt.
- Put together a budget plan which reflects their own circumstances.
- Apply for a bank account and relevant insurance.
- Plan for the future ahead.
- Receive their own finance, benefit and debt pack which includes template letters, budget plans, and basic advice for future use.

Duration

Delivered as a group or on a 1;1 basis. 2 hour session.

How to request this service

Non Statutory Intervention: ES – Finance/ Benefit/ Debt SYK.

Non Statutory Intervention Sub Type: Managing Money Course.

Follow full process on page 27 of this brochure.

WOMEN'S SERVICE

This service uses trauma informed approach which focuses on working with women to help them stop re-offending, providing practical and emotional support whilst addressing the needs identified under the key pathways, enabling access to wider community support where needed. Service provision will be carried out in a women's only centres (or via outreach for women not suitable for attendance at the hub) where from the initial assessment the level of intensity will be agreed with the RO based on the area of need identified. Services are delivered in the community at one of our women's only hubs and can be used as part of RAR or licence activity however if requested support can start pre-release during the final 12 weeks in custody.

Duration

Assessment	=	up to an 1 hour
Low Intensity Support	=	up to 5 hours
Medium Intensity Support	=	up to 10 hours
High Intensity Support	=	up to 20 hours

How to request this service

Non Statutory Intervention: ES – Women SYK.

Non Statutory Intervention Sub Type:
Women's Service Assessment and Action Planning.

Non Statutory Intervention Sub Type:
Women's Service Low /Medium / High Intensity.

Follow full process on page 27 of this brochure.

Service Highlights

- Build their confidence, self-esteem and motivation in a safe, friendly environment.
- Help with managing money and debt.
- Support in finding suitable accommodation.
- Training in areas such as parenting and anger management.
- Signposting to specialist services that deal with substance misuse, sexual exploitation, domestic abuse, anxiety and depression.
- Access help with getting a job or accessing training and education.
- Support with personal development i.e. problem solving, confidence building and motivation.
- Advice on choosing and maintaining fulfilling relationships.
- Transition to mainstream services and/or mentoring support.
- Activities will include a combination of face to face, telephone and advocacy support.
- Transition to access Community Support (Mentoring) where requested.

WOMEN'S COMMUNITY SUPPORT (MENTORING)

This service provides community support which is holistic and complimentary of the wider pathways which are being addressed. This 'wraparound' layer of additional support is aimed at addressing the day to day and practical issues which may be preventing the women from moving forward with their lives in a positive way.

Following initial assessment, the women will be matched with a mentor who has been carefully selected to work with cohort. From this, services will be delivered in the community on an outreach basis and can be used as part of RAR or licence activity. If requested support can start during the pre-release stage of custody.

Duration

Before choosing the level of intensity, It is recommended you instruct the assessment first.

Assessment	=	up to an 1 hour
Low Intensity Support	=	up to 5 hours
Medium Intensity Support	=	up to 10 hours
High Intensity Support	=	up to 20 hours

How to request this service

Non Statutory Intervention:
ES – Women SYK.

Non Statutory Intervention Sub Type:
Women's Mentoring Assessment and Action Planning.

Non Statutory Intervention Sub Type:
Women's Mentoring Low / High Intensity.

Follow full process on page 27 of this brochure.

Service Highlights

- Assistance to access specialist services linked to substance misuse, sexual exploitation, domestic abuse, anxiety and depression.
- Assistance with relevant practical tasks such as form-filling, or preparation for interviews or examinations.
- Development life skills including timekeeping, budget management, good diet and hygiene, constructive use of leisure time.
- Offer of practical day to day support, travel, attendance at appointments, and promotion of resettlement support.
- Have access to in-reach custody support which enhances resettlement outcomes and transition through the gate, gate pick up assisting with immediate reporting requirements of their licence.
- Have personal advocacy in complex areas including healthcare, housing and benefit entitlement.
- Benefit from regular meetings with a mentor.
- Supports transition through the gate into community with emphasis on building links with the community.
- Activities will include a combination of face to face, telephone and advocacy support.

FAMILY & PARENTING

The family parenting service is a unique service designed to facilitate and build on communication between a service user and relevant family members. Maintaining family ties are key to reintegration and as such, this intervention is designed to support, preserve and sustain inter-family relationships and prevent relationship breakdowns. An initial assessment will identify areas of needs prior to relevant intensities and timescales being agreed on. One to one support will be available with the option to move onto group programmes, where appropriate (with the consent of RO). Services are delivered in the community and can be used as part of RAR or licence activity however if requested support can start pre-release during the final 12 weeks in custody. Only available in community; Doncaster and Sheffield.

Duration

Before choosing the level of intensity, It is recommended you instruct the assessment first.

Assessment	=	up to an 1 hour
Low Intensity Support	=	up to 2 hours
Medium Intensity Support	=	up to 4 hours
High Intensity Support	=	up to 6 hours

How to request this service

Non Statutory Intervention: ES – Children and Families SYK.

Non Statutory Intervention Sub Type:
Family/Parenting Support Assessment and Action Planning.

Non Statutory Intervention Sub Type:
Family/Parenting Support Low / Medium / High Intensity.

Follow full process on page 27 of this brochure.

Service Highlights

- Help build positive relationships and develop existing positive networks.
- Help service users develop child-centred parenting skills.
- Improve outcomes for children, young people and families.
- Deliver family conferencing / mediation / mentoring where appropriate.
- Provide interventions which enable parents to keep in touch whilst in custody.
- Reduce the risk of a relationship breakdown.
- Improved relationships for service users, their families and communities.
- Improved coping strategies and resilience when dealing with every day family challenges.
- Breaking the cycle of intergenerational offending within family units.
- Activities will include a combination of face to face, telephone and advocacy support.

INCLUSION & COHESION (HATE CRIME)

This programme is aimed at males who may have offending linked to hate crime and discriminatory behaviours. The intervention can also be used with those who exhibit hate based behaviours and attitudes, whether an offence of hate crime has been committed, or not.

The programme incorporates a desistance model and is in line with the 2007 Criminal Justice Agencies approach to monitor the five 'strands' of hate crime: Disability, Gender identity, Race, Religion/fait, Sexual orientation. Crimes based on hostility to other personal characteristics, can also be hate crimes. This programme can be delivered as part of RAR or Licence activity.

Sessions include;

- What is Hate Crime?
- What is Inclusion and Cohesion?
- Learning History
- Roles and responsibilities
- Beliefs & Values
- My Emotions
- Situation factors.

Service Highlights

- Promotes an understanding of related strengths.
- Developing an awareness of obstacles and barriers to change.
- Promotes individual motivation and self-belief.
- Greater social inclusion and ability to reintegrate into mainstream society.
- Improve recognition of rights and responsibilities.
- Improve recognition of individual values and beliefs.

Duration

8 sessions x 2 hours.

How to request this service

Non Statutory Intervention: ES - Attitudes Thinking and Behaviour SYK.

Non Statutory Intervention Sub type: Hate Crime.

Follow full process on page 27 of this brochure.

ANGER MANAGEMENT

This short duration programme aims to reduce aggressive behaviour and improve moral reasoning. The sessions use cognitive- behavioural theory, relaxation and anger reduction techniques, social skills and victim awareness. Suitable for male and female service users convicted of offences involving violence or aggression. Not suitable for those convicted of sexual or domestic abuse offences. Can be delivered as part of RAR or Licence activity.

Sessions Include;

- Exploring what is anger?
- Recognising the signs
- Emotions Part 1
- Emotions Part 2
- Triggers
- Assertiveness
- Dealing with criticism
- Relapse preventions.

Duration

8 x 2 hour sessions.

How to request this service

Non Statutory Intervention: ES – Attitudes, Thinking and Behaviour SYK.

Non Statutory Intervention Sub Type: Anger Management.

Follow full process on page 27 of this brochure.

Service Highlights

- Reduce the risk of further offences by providing skills to regulate aggressive behaviour through improved communication, assertiveness and use alternative thinking.
- Develop an awareness of how emotions affect their own behaviour.
- Being able to identify their own personal high risk situations.
- Develop a personal anger prevention plan with strategies to deal with high risk situations.

COMPLIANCE COURSE

Three session programme activity focusing on self-motivation and how to increase service user compliance to complete their Court Order. Sessions are based on CBT and behavioural change theories and are delivered primarily in a group setting with 1:1 available if necessary.

Service Highlights

- Explore what has happened to change their behaviour.
- Identify and overcome barriers to compliance.
- Increase motivation, positive thinking and pro-social skills.
- Develop problem solving skills.

Duration

3 x 2 hour sessions.

How to request this service

Non Statutory Intervention: ES – Other, SYK.

Non Statutory Intervention Sub Type: Compliance Course.

Follow full process on page 27 of this brochure.

DRIVING MATTERS

This short duration programme is underpinned by cognitive behavioural theories which encourages service users to think about the potential risks of dangerous, illegal and inconsiderate driving and the impact it can have on both the service users and others. Can be delivered as part of RAR or Licence activity.

Service Highlights

- Explores the effects of alcohol and substances on a person's ability to drive.
- Provides information regarding the legal versus safe alcohol limits.
- Covers how the body processes alcohol.
- Teaches stopping distances and reaction times.
- Reinforces what makes a responsible road user.
- Responsible decision making.
- Highlights the difference between legal and safe driving.
- Impact of motoring offences.
- Explores the consequences of driving while disqualified and coping with disqualification.
- Basic road traffic law.
- Develops an awareness of the implications of dangerous/drink driving and be inspired to make positive and sustained changes.

Sessions include;

- Exploring the effects of alcohol and substances on a persons ability to drive
- Information regarding the legal versus safe alcohol limits
- How the body processes alcohol
- Reinforces what makes a responsible road user
- Highlights the difference between legal and safe driving.

Duration

6 x 1 hour sessions.

How to request this service

Non Statutory Intervention: ES – Drugs / Alcohol SYK.

Non Statutory Intervention Sub Type: Driving Matters.

Follow full process on page 27 of this brochure.

ALCOHOL AWARENESS

This short duration programme can be delivered for both male and female service users as part of RAR or Licence activity. This programme was designed to stimulate discussion and greater understanding of alcohol use and the associated impact of misusing alcohol.

Sessions include;

- Impact of alcohol on the body
- Understanding offending behaviour linked to alcohol consumption
- Safe Alcohol usage
- Cultural and societal views of alcohol.

Service Highlights

- Analyses attitudes towards consuming alcohol.
- Enables a greater understanding of the impact of misusing alcohol.
- Improves understanding of the law in relation to alcohol use and the negative impact on service users and wider society.
- Considers future coping strategies linked to relapse prevention.

Duration

4 sessions x 1 hour.

How to request this service

Non Statutory Intervention: ES - Drugs and Alcohol SYK.
Non Statutory Intervention Sub type: Alcohol Awareness.
Follow full process on page 27 of this brochure.

RESPECTFUL RELATIONSHIPS

The Respectful Relationships short duration programme for male service users which aims to reduce the risk of further domestic abuse offences to ensure participants development for positive relationships in the future. This programme is based on talking therapies (Cognitive Behavioural Theories) and behavioural change theories. This programme contains one session with a tutor to address and assess suitability, the service user's level of commitment and ability to complete the group activity. The tutor will then facilitate twelve two-hour group sessions which can be delivered as part of RAR or Licence activity.

Service Highlights

- Recognising anger signals and resolving without aggression or violence.
- Encourages healthy communications.
- Reinforces positive self-talk.
- Acknowledging a partners fears.
- Dealing with jealousy.
- Healthy disagreements.
- Team work and respect.

Duration

1 x 1 hour initial session to be completed prior to attendance, followed by 10 x 2 hour sessions.

Sessions Include;

- All About Me
- My Beliefs
- Communication
- Negotiation
- Emotions
- Partnerships
- Respect
- Perspectives
- Honesty and Openness
- Future Planning.

How to request this service

Non Statutory Intervention: ES - Children / Families SYK.
For Assessment, Select: Non Statutory Intervention Sub Type: Respectful Relationships.
Follow full process on page 27 of this brochure.

RESPONSIBLE CITIZEN AWARENESS

This short duration programme can be delivered for both male and female service users as part of RAR or Licence activity. The programme is designed to identify and overcome barriers to compliance as well as adopting an inclusive approach to develop thinking and pro-social skills. This strength based approach on life skills enables service users to be programme ready with increased awareness relating both to change and resilience.

Sessions include;

- Exploring barriers to change
- Stress strategies
- Inclusion and me.



Service Highlights

- Identify and overcome barriers.
- Increase motivation, positive thinking and pro-social skills.
- Develop problem solving skills and strategies to manage stress.

Duration

3 sessions x 1 hour.

How to request this service

Non Statutory Intervention: ES - Attitudes Thinking and Behaviour SYK.

Non Statutory Intervention Sub type: Responsible Citizen Awareness.

Follow full process on page 27 of this brochure.

RETHINK

This short duration programme can be used as a shorter alternative to the Thinking Skills Programme (TSP). It helps participants to identify specific thoughts which could lead to offending and risky behaviour. They are encouraged to develop a plan which might help them to deal with difficult emotions or situations, as well as being encouraged to apply material to their lives outside of the group. Can be delivered as part of RAR or Licence activity. Women service users will be seen at a women's only environment, where specially adapted materials will be used.

Sessions include;

- Orientation
- Beliefs and Core Goals
- Problem Solving
- Thinking Skills
- Group Review.



Service Highlights

- All elements of the programme are based on cognitive behavioural theories and behavioural change theories.
- Development of a plan which builds resilience to deal with difficult emotions or situations.
- Develops emotional awareness.
- Consequential and perspective thinking skills.
- Supports to manage negative influences.
- Develops problem solving skills.
- Emotional awareness and strategies for managing emotional arousal.



Duration

6 x up to 2 hours.

How to request this service

Non Statutory Intervention: ES – Attitudes, Thinking and Behaviour SYK.

For Assessment, Select: Non Statutory Intervention Sub Type: Rethink.

Follow full process on page 27 of this brochure.

VICTIM AWARENESS GROUP PROGRAMME

Suitable for male and female service users, this programme provides direct victim specific work and is designed to increase awareness of the impact of offending on victims and the wider community. This work can be used as a precursor to direct or indirect Restorative Justice and/or more in depth work on criminogenic attitudes, beliefs and behaviours. Can be delivered as part of RAR and Licence activity.

Service Highlights

- Service users develop the ability to be empathetic, understand long and short term of behaviour on themselves and others and are encouraged to take responsibility for their actions.
- Develops consequential and perspective taking.
- Develops empathy and understanding in relation to victims and impact.
- Develops planning and organisation skills.

Duration

4 x 1 hour sessions.

How to request this service

Non Statutory Intervention: ES – Restorative Justice/Victims SYK.

For Assessment, Select: Non Statutory Intervention Sub Type: Victim Awareness Group Programme.

Follow full process on page 27 of this brochure.

RESTORATIVE JUSTICE

The Restorative Justice intervention is available to all service users. The service provides a face to face intervention with a service user who has committed an offence against a direct victim, business and the wider community. It includes a comprehensive risk assessment of the viability of direct/indirect mediation sessions, victim awareness raising activity and looks to promote offender engagement in the restorative justice process. Can be delivered as part of RAR and Licence activity.

Service Highlights

- Improve victim empathy thereby reduces risk of harm and re-offending.
- Enables service user to understand the impact of their offence on themselves and others.
- To apply new and existing thinking skills to achieve pro social goals that support relapse prevention and reduce risk for further re-offending.
- Integration into a wider RJ hub facility as an exit strategy.

Duration

1 x Session of up to 1.5 hours.

How to request this service

Non Statutory Intervention: ES – Restorative Justice/Victims SYK.

For Assessment, Select: Non Statutory Intervention Sub Type: RJ Conferencing.

Follow full process on page 27 of this brochure.

COMMUNITY SUPPORT (MENTORING)

This service provides community support which is holistic and complimentary of the wider needs which are being addressed. This 'wraparound' layer of additional support is aimed at addressing the day to day and practical issues which may be preventing the service user from moving forward with their lives in a positive way.

The service user will be matched with a mentor who has been carefully selected to work with cohort and from the assessment, the level of support required will be agreed with the RO/ NPS OM. From this, services will be delivered in the community on an outreach basis and can be used as part of RAR or licence activity. If requested support can start during the pre-release stage of custody.

Service Highlights

- Benefit from regular meetings with a mentor.
- Assistance with relevant practical tasks such as form-filling, or preparation for interviews or examinations.
- Development life skills including timekeeping, budget management, good diet and hygiene, constructive use of leisure time.
- Offer of practical day to day support, travel, attendance at appointments, and promotion of resettlement support.
- Have access to in-reach custody support which enhances resettlement outcomes and transition through the gate, gate pick up assisting with immediate reporting requirements of their licence.
- Have personal advocacy in complex areas including healthcare, housing and benefit entitlements.
- Activities will include a combination of face to face, telephone and advocacy support.

Duration

Before choosing the level of intensity, It is recommended you instruct the assessment first.

Assessment	=	up to 1 hour
Low Intensity Support	=	up to 5 hours
Medium Intensity Support	=	up to 10 hours
High Intensity Support	=	up to 20 hours

How to request this service

Non Statutory Intervention: ES – Other SYK.

Non Statutory Intervention Sub Type:
Mentoring Assessment and Action Planning.

Non Statutory Intervention Sub Type:
Mentoring Low /Medium /High Intensity.

Follow full process on page 27 of this brochure.

VETERANS & IOM SPECIFIC COMMUNITY SUPPORT (MENTORING)

This service specialises on providing mentoring for those who are Veterans and/or IOM cases, providing a wraparound layer of additional support which is specific to the needs of this cohort. The service user has been matched with a mentor who can offer practical advice and guidance on the day to day issues which may have prevented them from moving forward with their lives in a positive way. From the initial assessment the level of intensity will be agreed with the RO based on the area of need identified. Services are delivered in the community and can be used as part of RAR or licence activity however if requested support can start pre-release during the final 12 weeks in custody.

Service Highlights

- Benefit from regular meetings with a mentor.
- Explore maintain support funding i.e. ex-service specific.
- Assistance with relevant practical tasks such as form-filling, or preparation for interviews or examinations.
- Development life skills including timekeeping, budget management, good diet and hygiene, constructive use of leisure time.
- Offer of practical day to day support, travel, attendance at appointments, and promotion of resettlement support.
- Have access to in-reach custody support which enhances resettlement outcomes and transition through the gate, gate pick up assisting with immediate reporting requirements of their licence.
- Have personal advocacy in complex areas including healthcare, housing and benefit entitlements.
- Activities will include a combination of face to face, telephone and advocacy support.

Duration

Before choosing the level of intensity, It is recommended you instruct the assessment first.

Assessment	=	up to 1 hour
Low Intensity Support	=	up to 5 hours
Medium Intensity Support	=	up to 10 hours
High Intensity Support	=	up to 20 hours

How to request this service

Non Statutory Intervention: ES – Other SYK.

Non Statutory Intervention Sub Type:
Veterans Support Assessment and Action Planning.

Non Statutory Intervention Sub Type:
Veterans Support Low /Medium / High Intensity.

Follow full process on page 27 of this brochure.

PARTNER LINK WORKER

This service promotes the safety of victims; providing a layer of support for the partners/ex partners and children, where the perpetrator is receiving support to address their behaviour. The Partner Link Worker (PLW) will initially contact the victim to establish if they wish to receive support. If support is requested, this is followed up by a home visit where a full assessment will be carried out, subsequent one to one support is then planned and carried out as per individual needs.

In addition, PLW's will also provide outreach support consisting of target hardening assessments, safety planning, advocacy, MARAC representation and completion of DASH risk assessments. Note that for BBR cases, this service is included for 'in area' NPS cases.

Duration

Initial Contact would not exceed 2 hours of support. Following this up to 12 hours of support provided.

Service Highlights

- Construction of realistic safety plans that reflecting the needs of both the current partner/ex-partner and their children (i.e. the victim).
- Bespoke support tailored to meet individual needs of the victim, provided on an outreach basis for example in the community or in their own home.
- Supports the voice of the victim, allowing them to ask questions and understand what happens next with regards the perpetrator and their programmes of support.
- Providing realistic information about the possible outcomes of the programme and its content, outlining what expectations that are placed on the perpetrator.
- Risk concerns are managed with the victims and home Responsible Officer (RO) / NPS Offender Manager (OM).
- Perpetrator information is incorporated into their safety planning for example perpetrators area of residence etc.
- Supports the victim in relation to any safeguarding intervention for example liaison with social care in conjunction with RO/NPS OM.
- With consent of the victim, relays relevant risk information back to the perpetrators RO/NPS OM.
- Supports in wider safety areas such as application for protection orders through Court if applicable.
- Enables and facilitates access to wider community support networks.

How to request this service

Non Statutory Intervention: ES – Other SYK.

Non Statutory Intervention Sub Type: Partner Link Worker.

Follow full process on page 27 of this brochure.

NON STATUTORY INTERVENTION (NSI) PROCESS TO PURCHASE SERVICES

The process below can be followed for each of the services outlined in this brochure, with only the information highlighted in RED being different depending on the service. To find the specific information unique to each service, please see the 'how to request this service' section on each page. N.B All of the NSIs detailed in this brochure must be inputted via the Event List. If you have mistakenly gone in to the NSI screen through the Service user Index rather than the specific Event you'll notice the relevant options are not available.

Finally you will notice that some of the discretionary services have an assessment NSI, it is recommended that you instruct an assessment before choosing a level of service intensity. The assessment will then follow an agreement with the RO regarding next steps, duration of hours and expectations. Note this is a recommendation not mandatory requirement.

Any queries regarding service offer, eligibility and availability please contact:
sycrc.requirements@probation.sodexogov.co.uk

UPW/Accredited Programmes only

These are requirements of Orders and do not need an NSI. Transfer the requirement only to:

- Provider: CPA South Yorkshire
- Team: Monitoring Team
- Officer: Unallocated

**** Please note: all licence conditions which are Accredited Programmes – enter the licence condition as an Accredited Programme and transfer to CRC as above.**

Non Statutory Intervention (NSI) Process

- Click onto Add NSI:
- NSI Provider: CPA South Yorkshire
- Non Statutory Intervention: **PLEASE SEE SPECIFIC SERVICE PAGE**
- Non Statutory Intervention Sub Type: **PLEASE SEE SPECIFIC SERVICE PAGE**
- Dates: Please add appropriate dates
- Your Provider: NPS South Yorkshire (NB as creating NSI and then will transfer to CRC – see below)
- Your Team: Please select as appropriate, for example NPS Barnsley , NPS Sheffield
- Your Name: Select your name
- Status: Referred
- Status Date & Time: Please add as appropriate
- **Notes: Please add as much relevant detail about the risk profile, support required as necessary, including the priority and urgency. Please also detail further info on geographical location.**

- Expected End Date: Please add as appropriate
- Actual End Date: Please leave blank
- Click Save and complete the following steps:

Transfer Request

The NSI you have added will appear in the List screen. Please follow the instructions below to actually transfer out the case to the CRC HUB.

- Click Request Transfer (on the right hand side of the created NSI) **You will now be presented with a Consolidated Offender Transfer screen.**
- Provider: CPA South Yorkshire
- Cluster: Leave unselected
- LDU: Leave unselected
- Team: Monitoring Team
- Officer: Unallocated
- Click Transfer
- Choose **External NSI Referral** in the 'reason' box.

CONTACT US



South Yorkshire CRC

sycrc.requirements@probation.sodexogov.co.uk

www.sycrc.co.uk